

COURSE NAVETTE - BAREMO										
CHICOS							CHICAS			
	12	13	14	15	16	17+		12 - 13	14 -15	16 -17 +
10	10	10.5	11	11.5	12	12.5	10	9	9.5	10
9.5	9.5	10	10.5	11	11.5	12	9.5	8.5	9	9.5
9	9	9.5	10	10.5	11	11.5	9	8	8.5	9
8.5	8.5	9	9.5	10	10.5	11	8.5	7.5	8	8.5
8	8	8.5	9	9.5	10	10.5	8	7.5	7.5	8
7.5	7.5	8	8.5	9	9.5	10	7.5	7	7	7.5
7	7	7.5	8	8.5	9	9.5	7	6.5	6.5	7
6.5	6.5	7	7.5	8	8.5	9	6.5	6	6	6.5
6	6.5	7	7.5	8	8.5	9	6	5.5	6	6.5
5.5	6	6.5	7	7.5	8	8.5	5.5	5.5	5.5	6
5	6	6.5	7	7.5	8	8.5	5	5	5.5	6
4.5	5.5	6	6.5	7	7.5	8	4.5	4.5	5	5.5
4	5	5.5	6	6.5	7	7.5	4	4	4.5	5
3.5	4.5	5	5.5	6	6.5	7	3.5	3.5	4	4.5
3	4	4.5	5	5.5	6	6.5	3	3	3.5	4
2.5	3.5	4	4.5	5	5.5	6	2.5	2.5	3	3.5

DISTANCIAS RECORRIDAS COURSE NAVETTE			
PERIODO	TRAMOS RECORRIDOS	METROS	
1	8	160	160
2	8	160	320
3	8	160	480
4	8	160	640
5	8	160	800
6	9	180	980
7	9	180	1160
8	10	200	1360
9	10	200	1560
10	10	200	1760
11	11	220	1980
12	11	220	2200
13	12	240	2440
14	12	240	2680
15	12	240	2920

MÚSICA EN EL COURSE NAVETTE	
PERIODO	CANCIÓN
10 al 11	ROCKY - EYE OF THE TIGER - RITMO
11 al 12	ROCKY - EYE OF THE TIGER - MELODIA
12 al 13	ROCKY - GONNA FLY NOW

13 al 14	QUEEN - WE ARE THE CHAMPIONS
14 al 15	ROCKY - EYE OF THE TIGER - RITMO